



### Case Study 3

– Dr Hinnah Rafique



Dr Hinnah Rafique chose not to go on to specialty training following her two years of post-graduate foundation medical training. Instead, she took on different academic and study roles in medical education, and set up Help Me I'm a Medic – a pioneering collaboration platform for trainee doctors and aspiring medics.

She said:

*“We were a group of doctors who’d met up over coffee one autumn afternoon for a catch-up and found ourselves discussing the significant lack of medical careers information available to aspiring medics.*

*“There was general agreement that this information was essential for understanding how to go about completing university applications, gaining practical experience and meeting doctors, but students from certain socio-economic backgrounds were at a clear disadvantage in their ability to access these necessary resources. This posed not only a problem for aspiring medical students, but for students who were already accepted into medical school. And that’s when our solution Help Me I’m A Medic was created, on the back of a napkin.*

*“As Director of Help Me I’m a Medic I am passionate about achieving its dream - to help students from all social backgrounds gain access to medical and healthcare careers by making the necessary information accessible to all - but we didn’t want to just stop there! Supporting medics throughout their career and up until retirement is an important goal for us too.”*

Hinnah now spreads her time between this social enterprise and developing curricula and lecturing across several programmes at the University of Oxford and Southampton, and her expertise has led her to consult at international level on Medical Education, MedTech, Startups and Medical Innovation. With an Integrated Clinical Entrepreneur Training fellowship, she would be able to pursue this work while building towards full medical specialty and clinical leadership training.

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